

advocate for expanded access to primary care for the uninsured, and connect patients to much-needed resources.

Running this clinic is a bit like managing a mini healthcare system. We have implemented new programs and learned about the complexities of setting up and optimizing protocols, interdisciplinary patient care, and communicating across language and cultural barriers. These experiences also have opened our eyes to the significant needs faced by underserved communities and the true cost of health care—a cost that extends beyond the clinic and that is elucidated as we scrounge for GoodRx coupons to help with medication costs, finagle transportation vouchers, occasionally beg our community partners to squeeze in just one more patient, and dole out everything we know about community resources like candy on Halloween. Most importantly, this clinic has taught us the importance of treating the individual holistically, addressing not only medical concerns but also evaluating and addressing social determinants of health and taking the time to connect.

As future physicians, we recognize that we will have both the privilege and responsibility to guide and advocate for our patients—particularly those who are otherwise ignored. While our experience coordinating this clinic has come with its challenges, it also highlights the realities of being a health care provider. We navigate a complex system, manage follow-up, strive to improve health, and look forward to doing it again and again. We hope for our work to shape a system in which individuals have more options than to wait for hours to be seen by students at a free clinic because we believe that Madison can live up to its title and be the “happening place to be healthy” for everyone.

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## REFERENCES

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## Schrager Named Editor-in-Chief

The Publishing Board for the *Wisconsin Medical Journal (WMJ)* named Sarina Schrager, MD, MS, editor-in-chief in October for a three-year term that began immediately. Dr. Schrager had served as interim editor-in-chief since May 2019, when John Frey, III, MD, retired from the position. Prior to that, she served as associate editor and as a member of the Editorial Board.

“In the last 18 months while serving as interim editor-in-chief, Dr. Schrager has done a great job at moving the journal forward. Based on our experience, we unanimously approved her as the editor-in-chief,” said Publishing Board Chair William Hueston, MD, senior associate dean for Medical Education and associate provost of Education at the Medical College of Wisconsin. “The Publishing Board was very impressed with the way she managed the *WMJ* while in the interim role and was excited that she was interested in the permanent position.”

Dr. Schrager is a professor in the University of Wisconsin School of Medicine and Public Health’s Department of Family Medicine and Community Health. A graduate of Dartmouth College, she earned her medical degree from the University of Illinois College of Medicine at Chicago and completed her residency in family medicine at the MacNeal Hospital program in Berwyn, Illinois. She also completed a self-designed fellowship in Women’s Health at MacNeal that combined graduate work in Women’s Studies with clinical care in family practice. Her teaching focus is on women’s health education for residents.

After working with the *WMJ* for many years, Dr. Schrager said she was



**Sarina Schrager, MD, MS**  
**WMJ Editor-in-Chief**

interested in serving as editor-in-chief for a few key reasons.

“The *WMJ* is a generalist journal with a wide range of article topics. I believe in it being a venue for Wisconsin-based researchers, scholars, and learners to share their work,” she said. “And much of the work we publish focuses on local populations, which makes it more meaningful to me.”

“I also find joy and accomplishment in being able to mentor junior authors in their writing,” she added. “This is part of my job in the Department of Family Medicine and Community Health and I have enjoyed being able to help students, residents, fellows, and junior faculty publish in the *WMJ*. This process of support, guidance, and feedback is an essential component of the editor-in-chief role and one that energizes me.”

In addition to serving as editor-in-chief of *WMJ*, Dr. Schrager is medical editor of *FPM*, a peer-reviewed, indexed journal published by the American Academy of Family Physicians.

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