

## Appendix

### Uterine Fibroid Knowledge Survey

Q1: How long have you been in practice (years)? Report: mean and standard deviation; percent within each time range

- 0-5 years
- 5-10 years
- Greater than 10 years

Q2: Approximately what percent of your patients  $\geq 18$  years have uterine fibroids?

- Less than 10%
- 11-25%
- 26-50%
- Greater than 50%
- I do not know

Q3: What type of healthcare professional are you?

- Nurse
- Pharmacist
- Physician
- Physician Associate
- Nurse Practitioner
- Other

Q4: What is your primary practice area?

- Family Practice
- Internal Medicine
- OBGYN
- Pharmacy
- Other

Q5: What is the most common symptom of uterine fibroids (UF)?

- Abdominal pain
- Anemia
- Heavy menstrual bleeding
- Pelvic pressure
- Urinary frequency
- I do not know

**Answer:** Heavy menstrual bleeding

Q6: Which are risk factors for UF? (select all that apply)

- History of anemia
- Family history
- Obesity
- Race
- Postmenopausal status

- I do not know

**Answer:** Family history, Obesity, Race

Q7: At what age does the prevalence of UF diagnosis peak?

- Under 25 years of age
- 25-29 years of age
- 30-34 years of age
- 35-39 years of age
- 40-44 years of age
- 45-49 years of age
- 50 years of age or greater
- I do not know

**Answer:** 35-39 years of age

Q8: What race is most affected by UF?

- Asian
- Black
- Caucasian
- Hispanic
- Other
- I do not know

**Answer:** Black

Q9: According to the 2021 ACOG Practice Bulletin on the Management of Symptomatic Uterine Leiomyomas, which of the following are potential treatment options for patients with uterine fibroids? (select all that apply)

- Expectant management
- Medication management
- Procedural interventions
- Surgical management
- None of the above
- I do not know

**Answer:** Expectant management, Medication management, Procedural interventions, Surgical management

Q10: The 2021 ACOG Practice Bulletin on the Management of Symptomatic Uterine Leiomyomas provides which of the following statements/recommendations? (select all that apply)

- A patient-centered, shared decision-making approach should be used when developing the treatment plan for UF
- Comparative effectiveness data between UF treatment data is lacking
- Expectant management should always be first-line treatment of UF
- Hysterectomy is first-line therapy for the treatment of UF
- None of the above
- I do not know

**Answer:** A patient-centered, shared decision-making approach should be used when developing the treatment plan for UF, Comparative effectiveness data between UF treatment data is lacking

Q11: Which of following instruments is a validated Patient Reported Outcomes (PRO) tool specifically for Uterine Fibroids?

- MenoScores questionnaire
- Menstrual Bleeding Questionnaire (MBQ)
- Uterine Fibroid Symptom and Quality of Life (UFS-QoL) questionnaire
- Work Productivity and Activity Impairment (WPAI) questionnaire
- None of the above
- I do not know

**Answer:** Uterine Fibroid Symptom and Quality of Life (UFS-QoL) questionnaire

Q12: What additional education topics regarding UF would you find beneficial? (select all that apply)

- Diagnostic options
- General Uterine Fibroids disease state education
- Risk Factors
- Signs and symptoms of UF
- Treatment options and guidelines
- Uterine fibroids patient reported outcomes
- Other
- None

Q13: What method of training would you prefer for additional education?

- Live, in-person
- Live, virtual
- Virtual, on-demand
- Other
- None