

Comparing Magnetic Resonance Imaging and Computed Tomography Machine Accessibility Among Urban and Rural County Hospitals in Wisconsin

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ABSTRACT

Introduction: There is higher disease incidence and worse outcomes in rural America when compared to urban America. In states like Wisconsin, where 32.9% of the population resides in rural areas, this is particularly worrisome. The Center for Healthcare Quality and Payment Reform found that 30% of rural hospitals in the US are at risk of closing due to financial instability. A substantial cost to rural hospitals is the provision of radiologic services. Thus, the study investigated if a disparity exists in availability of magnetic resonance imaging (MRI) and computed tomography (CT) machines among Wisconsin's urban and rural county hospitals.

Methods: Wisconsin hospitals were asked how many MRI and CT machines were carried at their facility. This information was compiled in a spreadsheet and cross-referenced with the county in which it resided, along with the county's population, urban-rural classification, and land area in square miles.

Results: We found that the state of Wisconsin compared favorably with the national average in terms of the number of persons and square miles per MRI and CT machine. When comparing Wisconsin counties based on their urban-rural classification, a disparity exists in rural counties regarding square mileage per CT and MRI machine.

Conclusions: With distance for service creating a barrier to accessibility, rural county residents would benefit from more in-hospital MRI and CT machines. Based on these findings, further research is warranted to investigate the potential vulnerability of other rural populations regarding accessibility to radiologic resources.

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INTRODUCTION

The US Food and Drug Administration and the Centers for Disease Control and Prevention report that rural America faces higher disease incidence in conjunction with worse outcomes than urban areas and note that difficulty accessing health care resources was a major contributing factor.^{1,2} This disparity is concerning, particularly because the US Census Bureau reports that 20% of the country's population resides in a rural area.³ In Wisconsin, 32.9% of the population is rural,⁴ and the state has 58 Critical Access Hospitals (CAHs)—the sixth highest total in the country.⁵ Further, despite government assistance, in 2024, the Center for Healthcare Quality and Payment Reform found that 30% of rural hospitals in the US are not financially sustainable and risk closing.⁶ Although there are many financial hurdles facing rural hospitals, one that is particularly substantial is affording the installation, maintenance, and operation of computed tomography (CT) and

magnetic resonance imaging (MRI) machines.⁷

In light of the serious pressures on rural hospitals, this report aims to assess whether a discrepancy exists in the accessibility of MRI and CT machines between Wisconsin's urban and rural county hospitals. Of note, a literature review did not identify research investigating this question for the state of Wisconsin; however, this report closely mirrors prior work completed by the corresponding author for the state of Minnesota.⁸

Table. In-hospital Magnetic Resonance Imaging and Computed Tomography Machine Data by Wisconsin County and Rural-Urban Classification Using Their Respective Populations and Land Areas

Locale	County	Population	Land (Mi ²)	MRIs	CTs	Person/MRI	Mi ² /MRI	Person/CT	Mi ² /CT
Rural	Adams	21226	646	0	1	N/A	N/A	21226	646
Rural	Ashland	16 039	1045	1	3	16 039	1045	5346	348
Rural	Barron	46 843	863	4	5	11 711	216	9369	173
Rural	Burnett	17 036	822	0	1	N/A	N/A	17 036	822
Rural	Clark	34 691	1210	0	2	N/A	N/A	17 346	605
Rural	Crawford	16 007	571	1	1	16 007	571	16 007	571
Rural	Dodge	88 282	876	3	4	29 427	292	22 071	219
Rural	Door	30 526	482	1	1	30 526	482	30 526	482
Rural	Dunn	45 651	850	1	1	45 651	850	45 651	850
Rural	Grant	51 276	1147	2	3	25 638	573	17 092	382
Rural	Green Lake	19 220	349	1	1	19 220	349	19 220	349
Rural	Jackson	20 836	988	1	1	20 836	988	20 836	988
Rural	Jefferson	85 784	556	1	2	85 784	556	42 892	278
Rural	Juneau	26 866	767	1	1	26 866	767	26 866	767
Rural	Lafayette	16 877	634	0	1	N/A	N/A	16 877	634
Rural	Langlade	19 559	871	1	1	19 559	871	19 559	871
Rural	Lincoln	28 376	879	0	2	N/A	N/A	14 188	439
Rural	Manitowoc	81 172	589	2	2	40 586	295	40 586	295
Rural	Marinette	41 988	1399	1	2	41 988	1399	20 994	700
Rural	Monroe	46 109	901	2	4	23 055	450	11 527	225
Rural	Oneida	38 212	1113	2	5	19 106	556	7642	223
Rural	Pepin	7410	232	0	1	N/A	N/A	7410	232
Rural	Polk	45 709	914	3	3	15 236	305	15 236	305
Rural	Portage	70 718	801	1	3	70 718	801	23 573	267
Rural	Price	14 179	1254	0	1	N/A	N/A	14 179	1254
Rural	Richland	17 090	586	1	1	17 090	586	17 090	586
Rural	Rusk	14 186	914	1	1	14 186	914	14 186	914
Rural	Sauk	65 777	831	3	4	21 926	277	16 444	208
Rural	Sawyer	18 559	1257	1	1	18 559	1257	18 559	1257
Rural	Shawano	40 886	893	1	1	40 886	893	40 886	893
Rural	Taylor	19 975	975	1	1	19 975	975	19 975	975
Rural	Trempealeau	30 899	733	0	2	N/A	N/A	15 450	366
Rural	Vernon	31 060	792	0	2	N/A	N/A	15 530	396
Rural	Vilas	23 763	857	0	1	N/A	N/A	23 763	857
Rural	Walworth	105 380	555	2	2	52 690	278	52 690	278
Rural	Washburn	16 911	797	0	2	N/A	N/A	8456	399
Rural	Waupaca	51 488	748	1	1	51 488	748	51 488	748
Rural	Waushara	24 999	626	0	1	N/A	N/A	24 999	626
Rural	Wood	73 993	793	5	7	14 799	159	10 570	113
Urban	Brown	270 036	530	10	8	27 004	53	33 755	66
Urban	Calumet	52 718	318	0	1	N/A	N/A	52 718	318
Urban	Chippewa	66 807	1008	0	1	N/A	N/A	66 807	1008
Urban	Columbia	58 193	766	1	2	58 193	766	29 097	383
Urban	Dane	568 203	1197	14	15	40 586	86	37 880	80
Urban	Douglas	44 144	1304	0	1	N/A	N/A	44 144	1304
Urban	Eau Claire	106 837	638	4	5	26 709	159	21 367	128
Urban	Fond du Lac	103 836	720	3	2	34 612	240	51 918	360
Urban	Green	36 816	584	1	2	36 816	584	18 408	292
Urban	Iowa	23 865	763	1	1	23 865	763	23 865	763
Urban	Kenosha	167 817	272	2	2	83 909	136	83 909	136
Urban	La Crosse	120 294	452	3	4	40 098	151	30 074	113
Urban	Marathon	137 958	1545	3	6	45 986	515	22 993	257
Urban	Milwaukee	918 661	241	25	37	39 942	10	29 634	8
Urban	Oconto	39 633	998	1	2	39 633	998	19 817	499
Urban	Outagamie	192 127	638	4	5	48 032	159	38 425	128
Urban	Ozaukee	93 009	233	3	4	31 003	78	23 252	58
Urban	Racine	195 846	333	4	7	48 962	83	27 978	48
Urban	Rock	164 060	718	7	7	23 437	103	23 437	103
Urban	Sheboygan	117 841	511	2	3	58 921	256	39 280	170
Urban	St. Croix	96 017	722	4	4	24 004	181	24 004	181
Urban	Washington	137 688	431	2	3	68 844	215	45 896	144
Urban	Waukesha	410 434	550	11	18	37 312	50	22 802	31
Urban	Winnebago	170 718	434	4	8	42 680	109	21 340	54

Abbreviations: Mi², square miles; MRI, magnetic resonance imaging; CT computed tomography.

METHODS

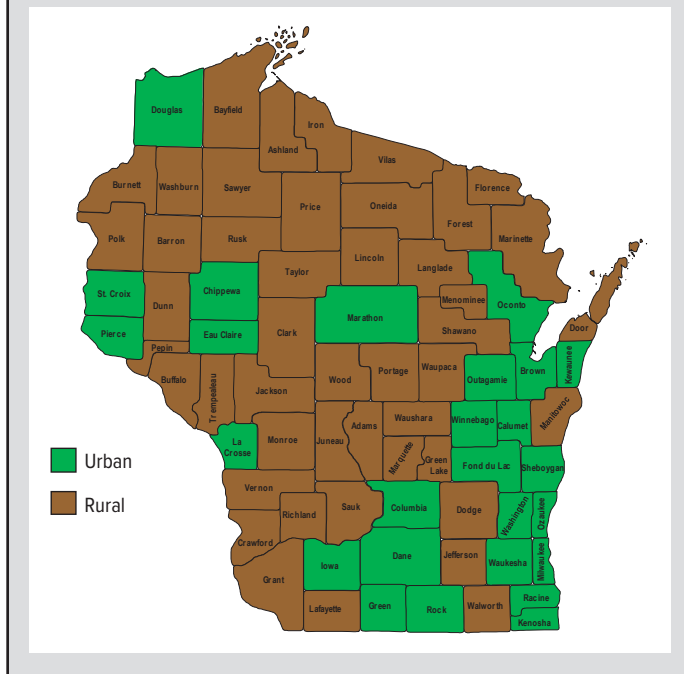
All Wisconsin hospitals listed in the Wisconsin Hospital Association directory were contacted via their general phone line.⁹ Hospitals that provided services to an exclusive subset of the population, such as veterans or Native Americans, were excluded. Researchers explained the study's objective to either a Radiology Department technician or the hospital's director of Radiology, then asked how many MRI and CT machines they carried at their facility and whether each unit was permanent or part of a mobile service. After this information was obtained for each hospital, it was cross-referenced with the county in which it resided, along with the county's population, land area in square miles,¹⁰ and urban-rural classification (Figure 1).¹¹ The number of persons and square mileage per MRI and CT machine for each county was generated (Table). Mobile units were excluded (Figure 2). Microsoft Office was used to map densities and determine percentile rankings (Figures 3 and 4). The data were further analyzed in Excel by grouping counties into their respective urban-rural classifications (Figure 1) to determine how they compared collectively (Figure 5). Data for the state of Wisconsin as a whole were compared to US data from the Organisation for Economic Co-operation and Development (OECD).¹²

RESULTS

CT Machine Accessibility

Of Wisconsin's 72 counties, 9 counties did not have an in-hospital CT machine. Based on urban-rural classification (Figure 1), 7 counties without an in-hospital CT machine were rural and 2 were urban (Figure 3). Wisconsin averaged fewer people per CT machine ($n = 26 039$) than the national average ($n = 37 024$). Wisconsin's urban counties averaged 29 011 per CT machine, while rural counties averaged 18 551 (Figure 5). In terms of square miles per county per CT machine, the state of Wisconsin averaged 239 versus the national average of 395. Wisconsin's

Figure 1. Wisconsin County Map with Urban-Rural Classifications According to the Wisconsin Hospital Association



urban counties averaged 216 square miles per CT machine and rural counties averaged 407 (Figure 5). Data by county for persons per CT machine and square miles per CT machine are shown in Figure 3 and the Table.

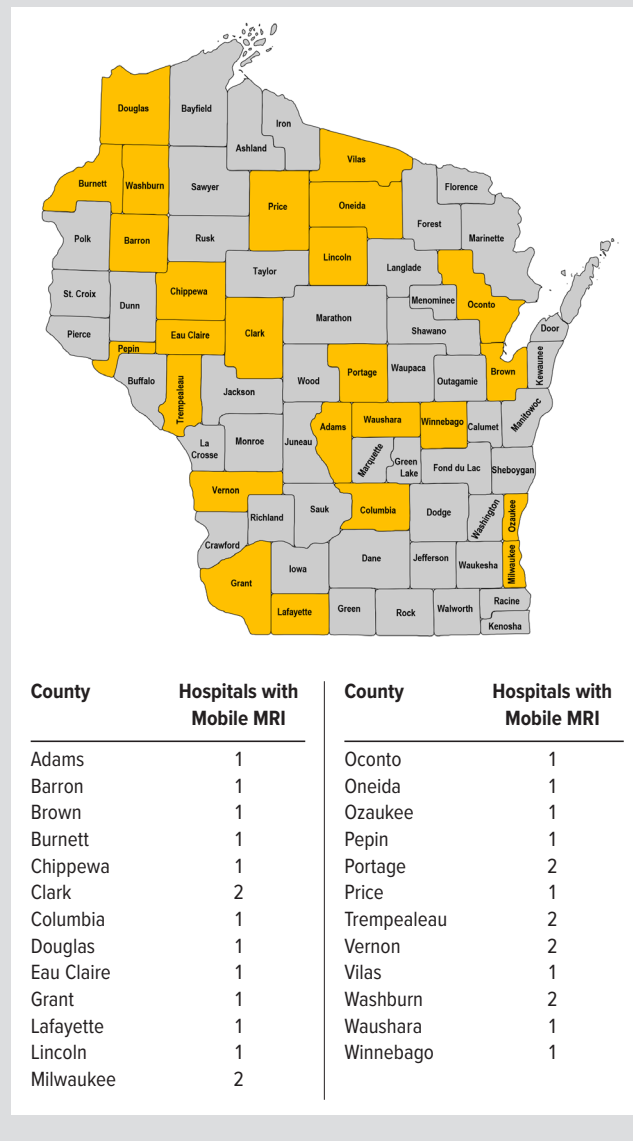
MRI Machine Accessibility

Twenty-four of Wisconsin's 72 counties did not have an in-hospital MRI machine. Based on urban-rural classification (Figure 1), 19 counties without an in-hospital MRI machine were rural and 5 were urban (Figure 4). Fourteen of the 24 utilized a mobile MRI service (Figure 2). The state of Wisconsin averaged fewer people per MRI machine ($n=38382$) than the national average ($n=55773$). Wisconsin's urban counties averaged 39390 people per MRI machine, while rural counties averaged 32568 (Figure 5). In terms of square miles per county per MRI machine, the state of Wisconsin averaged 352 versus the national average of 595. Wisconsin's urban counties averaged 294 square miles per MRI machine, while rural counties averaged 714 (Figure 5). Data by county for persons per MRI machine and square miles per MRI machine are shown in Figure 4 and the Table.

DISCUSSION AND CONCLUSIONS

There are no established guidelines regarding the recommended number of MRI or CT machines based on population or square miles. This raises the question of how to determine an appropriate value for adequate representation in a given population. For guidance, we used data from the OECD to generate national averages to compare with state-level statistics. Overall, Wisconsin performed better than the nation in terms of MRI and CT machines per person and square miles (Figure 5).

Figure 2. Wisconsin County Map and Table Highlighting Usage of Mobile Magnetic Resonance Imaging Services



When examining the urban-rural classifications for persons per MRI and CT machine, the data showed that rural populations were better represented than urban populations (Figure 5). Although rural populations have fewer people per MRI and CT machine, the distance to these resources is what serves as the barrier. This is illustrated by examining square mileage per MRI and CT machines by urban-rural classification. For square mileage per CT machine, Wisconsin's rural counties averaged 407—higher than the national average of 395 and almost double the 216 seen in Wisconsin's urban counties. Because CT machines play a vital role in acute care, the value of their accessibility cannot be understated.

However, the greatest disparity shown by this research involves MRI machines. The average square mileage per MRI machine in Wisconsin's rural counties is 714, which is greater than the national average of 595 and more than double the 294 seen in the state's urban counties. Granted, mobile MRI services

Figure 3. Wisconsin County Maps with Color Spectrums Illustrating the Percentile Performance Among Counties with (A) In-hospital Computed Tomography (CT) Machines by Persons per CT Machine and (B) Square Mileage per CT Machine

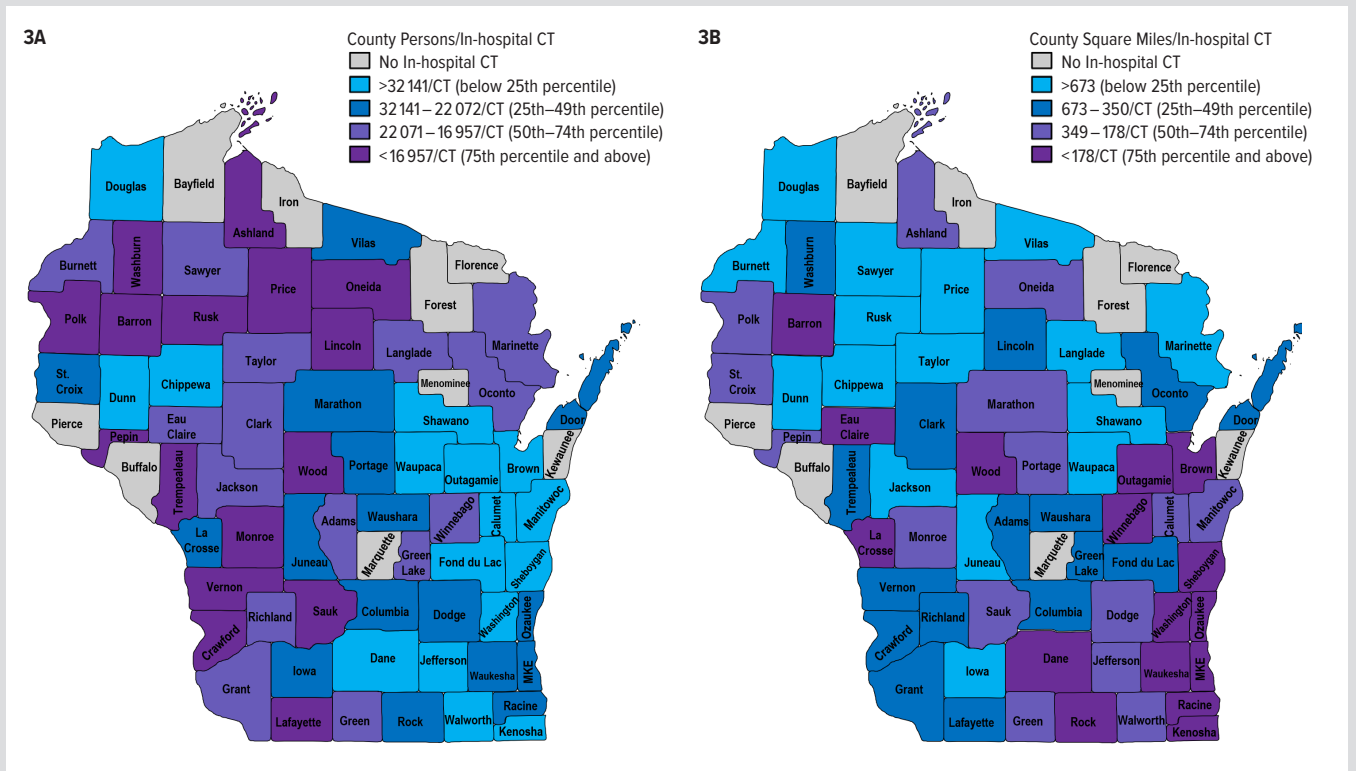


Figure 4. Wisconsin County Maps with Color Spectrums Illustrating the Percentile Performance Among Counties with (A) In-hospital Magnetic Resonance Imaging (MRI) Machine by Persons per MRI Machine and (B) Square Mileage per MRI Machine

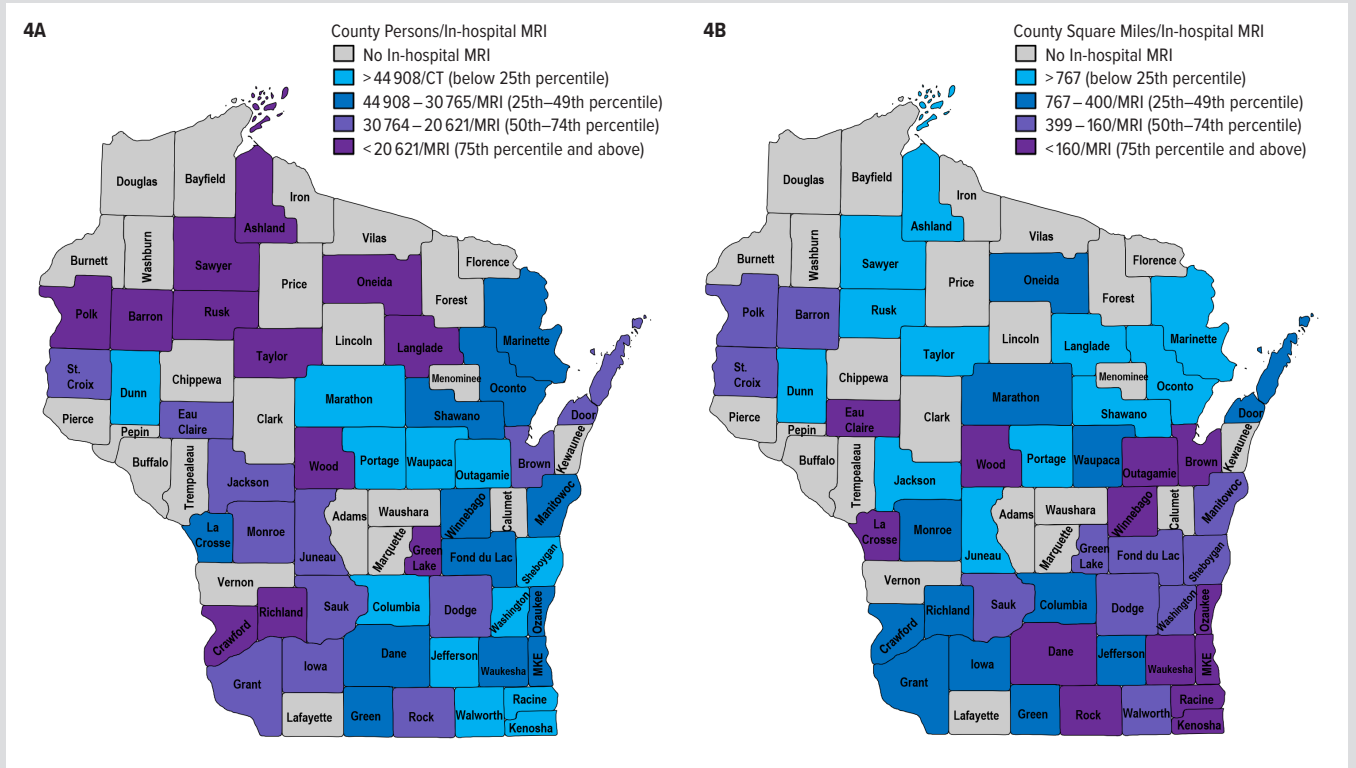
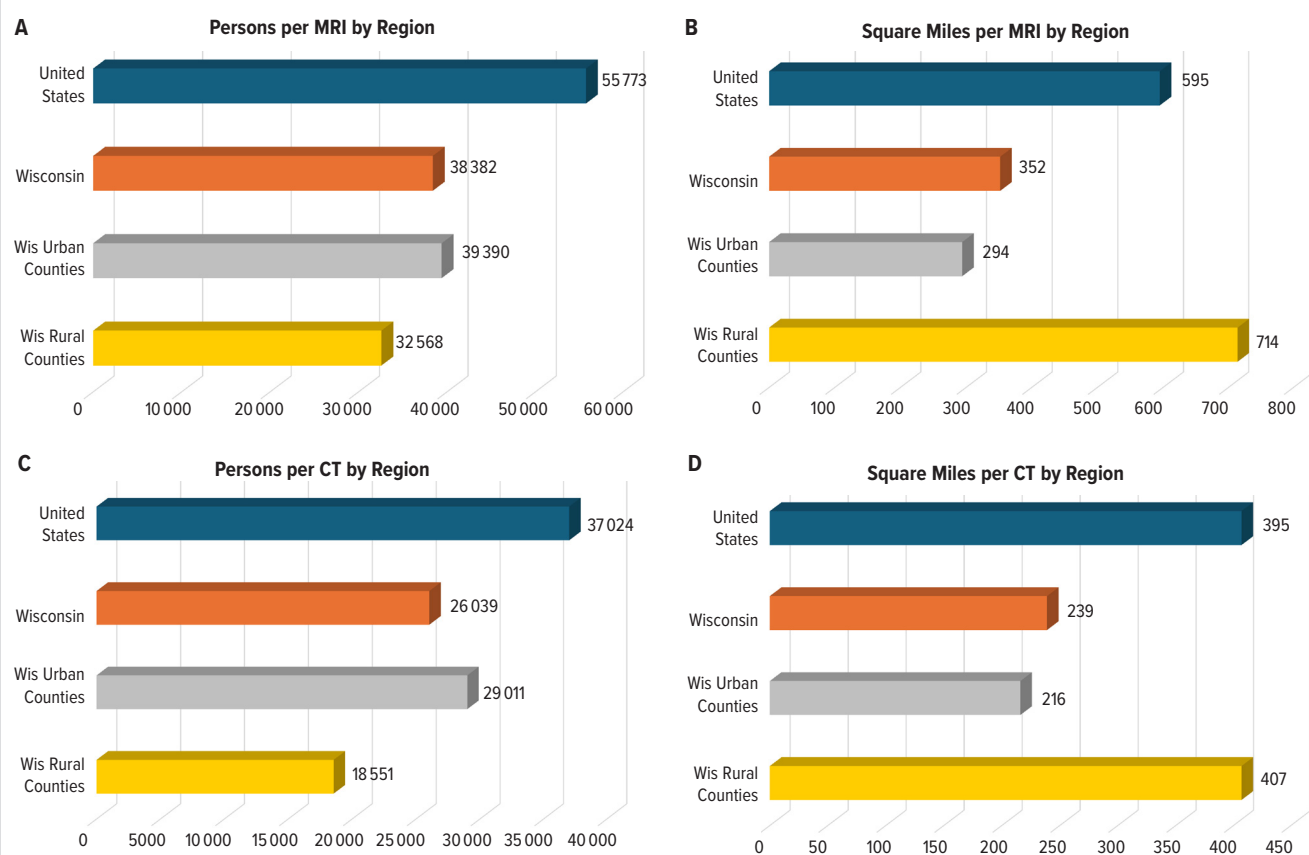


Figure 5. Bar Graphs Portraying National, State and Urban-Rural Classification Performance by (A) Persons per Magnetic Resonance Imaging (MRI) Machine, (B) Square Miles per MRI Machine, (C) Persons per Computed Tomography (CT) Machine, and (D) Square Miles per CT Machine



partially address this misrepresentation. Hospitals that utilize mobile MRI services indicated that MRI availability ranged anywhere from 2 days a week to once every 2 weeks. This means that the majority of rural patients must arrange an additional visit or, with more time-sensitive health concerns, travel to a different health facility, thereby creating inadvertent barriers for people in rural communities.

As reported by the Association of American Medical Colleges, the long distances and time required to receive health services often result in those who need care delaying or avoiding it altogether.¹³ If a rural patient has to make another appointment or travel to another facility for radiologic services, they must again face any challenges they overcame for their initial visit. Thus, rural hospitals would benefit from the implementation of in-hospital CT and MRI machines.

Limitations

Potential sources of error in this research include inaccurate information relayed by contacted radiology technologists. There were a few instances where, when asked how many MRI and CT machines their facility had, technologists provided answers that also included the machines at hospital-affiliated outpatient service

centers. In addition, it is possible that some newer hospitals were not contacted, as 2 hospitals listed on the Wisconsin Hospital Association's website had been closed for almost a year, highlighting the possibility that information had not been updated within that time.

Another limitation is the exclusion of outpatient radiology centers. It would be logical to investigate to what extent outpatient radiology centers fulfill the disparities revealed in the rural setting by this research. Unfortunately, this would be difficult to determine with no referenceable database tracking these facilities.

Future directions for research include better characterizing the effect of limited accessibility to MRI and CT machines on a community's health, determining the ideal square mileage per MRI and CT machine for a given population, and exploring ways to make these resources more affordable in rural settings. Although these questions are unanswered, we can draw a reasonable conclusion from the data presented here. When comparing Wisconsin counties by their urban-rural classification, disparity exists regarding the square mileage per CT and MRI machine in rural counties. Given the primary root of accessibility issues

residing in distance for service, patients would benefit from more rural county in-hospital MRI and CT machines. Based on these findings, it is pertinent to conduct further research to investigate the potential vulnerability of other rural populations and their access to radiologic resources.

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